

“Seeking God by Biblical Meditation”

Text: Psalm 48

Pastor Jim Sole

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A. The _____ of Biblical Meditation

THOMAS MANTON: Meditation is that duty or exercise of religion whereby the mind is applied to the serious and solemn contemplation of spiritual things, for practical uses and purposes.

1. A _____ Process

Genesis 24:63

2. A _____ Process

Psalm 39:3

JOEL BEEKE: One hindrance to growth among Christians today is our failure to cultivate spiritual knowledge. We fail to give enough time to prayer and Bible-reading, and we have abandoned the practice of meditation.

B. The _____ of Biblical Meditation

1. The _____ Word of God: Our Bibles

Psalm 119:148, Hebrews 13:5

2. The _____ Word of God: Our Lord Jesus

2 Corinthians 3:18, Hebrews 12:1-3

C. The _____ of Biblical Meditation

1. _____: The Lord’s Day

1 Timothy 3:15, Genesis 28:16-17

2. _____: Our Daily Lives

Matthew 6:25-33