

“Spiritual Winter to Spiritual Spring”

Text: Psalm 42 & 43

Pastor Jim Sole

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A. Marks of Being in Spiritual Winter

1. Being absent from the fellowship of God's people.
2. Experiencing the sense of Divine indifference
3. Longing for former and better days
4. Sinking in life circumstances
5. Feeling forsaken by God
6. Weary of ungodliness

B. Spiritual Winter to Spiritual Spring

1. Seek a _____ for _____ not deliverance
Psalm 42:1-2, Philippians 1:21, Song of Solomon 5:6-8

What is the Lord saying to me?

2. Learn to _____ yourself
Psalm 42:5, 9, 11; Psalm 43:5, Galatians 5:7

What is the Lord saying to me?

3. Learn to _____ yourself
Psalm 42:5, 11; Psalm 43:5

What is the Lord saying to me?

4. _____ to _____ despite feelings
Psalm 42:1; Psalm 43:3-4; Hebrews 10:25

What is the Lord saying to me?

C. The Good Coming out of Spiritual Winter

1. To _____ us the only source of _____
2 Corinthians 1:8-11

What is the Lord saying to me?

2. To _____ Christian _____ in us
1 Peter 1: 6-7, Romans 5: 1-5

What is the Lord saying to me?

3. To _____ us _____ in God alone
Psalm 73:25, Luke 9:57-60

What is the Lord saying to me?

4. To _____ us help each other
2 Corinthians 1: 3-4

What is the Lord saying to me?